



PATROL LEADER INFORMATION

NSW STATE RALLY – 2011



Important Points:

- The State Rally will commence at 6.00pm on Friday night and will finish with the presentation of winners awards commencing at 2.00pm Sunday.
- No Patrol or individual will be permitted on site prior to 6.00pm on Friday night.
- All Patrols must report to Rally HQ located in the kitchen building on Site 8 before they go to their camp site for the night. The **PL ONLY** is to enter the Administration area to register the Patrol.
- **Registration will include the handing in of Parent Consent Forms for all Patrol members.**
- All patrol members are to stay together at all times during the Rally.
- Patrols are to remain on their allocated RAC at all times and when transiting between RAC's are required to check-out of the RAC they are leaving and check-in when they arrive at the next RAC.
- Transport to and from the site will be organised by each Region for their Patrols.
- All Patrols must come self sufficient with adequate:
 - Packs, clothing and footwear
 - Tentage
 - Compasses, pens, torches
 - Food, cooking utensils, mess kit
- Hot water will be available at lunchtime, but no cooking is permitted.
- Cooking fires will be provided at each RAC for breakfast and dinner.
- Only the cooking fires provided or light weight stoves (liquid, gas or solid fuel types provided by Patrols) can be used – No other forms of cooking will be permitted. Menus must take this into account.
- Under no circumstances is any Scout to bring a suitcase as their “pack”, all gear is to be packed inside the pack or tightly strapped to the outside – ie no hand luggage, swinging billies, etc.
- No two way radios are permitted on site. Any Scout found with such a radio will have it confiscated and returned at the end of the Rally.

Composition of a State Rally Patrol

The following guidance is provided on the composition of a State Scout Rally Patrol.

1. A State Scout Rally Patrol can have up to eight members, but no less than four.
2. If a State Scout Rally Patrol's numbers fall to less than four, (for any reason) the Patrol will be marked as “non competitive” and can continue to participate, but will not be eligible for a Rally Award.
3. Patrol members can be a composite Patrol from members within the Troop or adjoining troops.
4. Only one member of the State Scout Rally Patrol can be a PL (*in their normal Troop role*)
5. Only one member of the State Scout Rally Patrol can be an APL (*in their normal Troop role*)
6. If the Patrol has more than one PL and/or APL (*in their normal Troop role*) then this Patrol will be marked as “non competitive” and can attend and participate, but will not be eligible for a Rally Award.

Scoring Guidelines and Rules for Scouts

During the State Rally each Patrol will be scored on the activities they undertake and on their camping standards.

Activities

- Patrols are encouraged to attend 4 activity bases per RAC, but they can do more if time permits.
- If more bases are done then the top 4 scores on each RAC will count towards the Patrol score.
- The Patrol needs to manage their time so that a maximum of two hours are spent on each RAC, which equates to 20 – 25 minutes per activity base.
- Each activity base is to be open as follows:
 - Saturday 9.00am to midday 1.00pm to 4.00pm
 - Sunday 8.30am to 12.30pm
- Patrols cannot start a base before the base open time and cannot start a base within 15 minutes of the scheduled close time.

Camping

The scoring of Patrol camping is conducted on Saturday night / Sunday morning only. Points are awarded for: Tentage, Menu, Hygiene, Tidiness and Behaviour.

Uniform

All Scouts and Leaders are required to be in **FULL SCOUT UNIFORM** for the Closing Ceremony. To help reduce pack weight, scouts can leave their uniforms at the RAC they start on (as they will finish there).

Patrols wishing to do this, need to come equipped with a strong garbage bag to place all patrol members uniforms in, clearly mark with that patrol's name, region and patrol rally number.

Menu Expectations

It is expected that 'proper' menus will be prepared by all Scouts attending the State Scout Rally and Scouts are to follow these guidelines:

1. Noodle packages which require 'add boiling water' are not to form the basis of an evening or breakfast meal. There is insufficient nutrition in these noodle packages for an activity of this type.
2. The Saturday evening meal will be a substantial meal. Noodles are not considered a substantial meal.
3. The use of dried products is actively encouraged – on the other side, the use of canned products is actively discouraged as canned products contribute unnecessary weight to be carried and have a disposal issue.
4. Junk food – chips/sweets etc – to be at an absolute minimum.
5. If Scouts are hungry at the end of State Rally it's more likely because they have not eaten sufficiently or effectively during Rally.

Preparation for State Rally

In the lead up to State Scout Rally, the Troop's nightly program should include the following components to prepare the Scouts for this event:

1. Food nutritional values
2. Lightweight menu preparation
3. Water and Food requirements (in a hike situation)
4. Selecting and buying food
5. Cooking meals over a fire
6. First Aid – burn treatment, blister prevention and treatment,
7. Pack selection
8. Packing a pack
9. Hike clothing
10. Pack weight management
11. Camp/hike hygiene
12. Lightweight tent maintenance
13. Erecting lightweight tents
14. Suitable load limits (with respect to body weight)

All of these elements are covered within the Scout Section Award Scheme and should be a normal part of the Troop programming.